



AROUND THE RESORT

Horseback Riding

Hop in the saddle for a guided horseback trail ride through our woodlands, fields and along the oceanside. Gentle, well-trained horses allow you to enjoy the great outdoors from a different viewpoint. *Child pony rides also offered*.

Pickleball, Tennis & Beach Volleyball

Try pickleball, a hybrid of tennis, badminton and ping pong, and North America's fastest growing sport. Pick up complimentary balls and racquets to play tennis or beach volleyball on our courts with an ocean view too.

Nature Trails

Fox Harb'r Resort is crisscrossed with a network of well-maintained trails, including the popular 5km oceanside Fox Trot Trail, designed for walking, running and biking. Complimentary road and trail bikes to borrow as well as rental "fat" bikes for extra riding enjoyment.

Greenhouse Tours

In season, find out how our gardens grow. Explore the two greenhouses and multiple starter beds that produce all our resort flowers and a significant quantity of our restaurant produce. *Includes flower arranging*.

Archery

Channel your inner Robin Hood or Katniss Everdeen while getting to grips with bow basics and hitting the target.

BOOKINGS & MORE Dial the Resort Activities Desk from your accommodations **4346**, or call **902-257-4346**

ON THE WATER

Sea Kayaking

Go for a paddle along our spectacular Nova Scotia shore and try spotting birds, seals and even porpoises. Fox Harb'r Bay is a calm protected tidal bay where at the right times of day you can kayak within 100 feet of the shoreline without entering deep water. *Guided tours and single/tandem rentals.*

Stand-Up Paddle & Pedal Boarding

Have you tried "SUP" yet? Our stable, top quality Hobie paddle and pedal boards are a fun way to get out on the water, build your core strength and get some fresh air, while enjoying the peaceful North Shore waters. *Single/tandem rentals.*

Pontoon Boat Tours

Cruise the Northumberland Shore's dramatic coastline and see if you can see neighbouring Prince Edward Island while snapping some unforgettable trip photos. *Shared tours and private custom rides.*

Fly & Rod Fishing

Unwind at Fox Harb'r Resort's two extensive ponds stocked with plenty of rainbow trout to get your rod bobbing. We offer complete rental gear packages for both fly fishing and standard rod fishing. Catch-and- release only, no licence required.











UNFORGETTABLE ADVENTURES

Resort Activities



FOX HARB'R

Nova Scotia

www.foxharbr.com/activities

BOOKINGS & MORE

Dial the Resort Activities Desk from your

accommodations 4346, or call 902-257-4346



DOL-ÁS SPA

As the Northumberland Strait tides flow along this secluded coast, the ocean-inspired Dol-ás Spa treatments and specialty therapies will revitalize you. Drawing on the essences of the East Coast and the healing traditions of global spa culture, our skilled, professional therapists and estheticians are dedicated to helping you feel and look your relaxed, polished best.

Ask about targeted massage to enhance your golf mobility, summer skincare, and wedding or special event prep. Or, select from our menu of Dol-ás Spa signature packages.



TAKE SPA TIME
Dial 4307 for the Spa, or call 902-257-4307

CHAMPIONSHIP GOLF

Designed by Graham Cooke, the Fox Harb'r championship golf course is an inspired blend of Scottish links-style holes and traditional parkland golf. *Golf Digest* named this "Best New Golf Course in Canada" on opening, among the "Top 20 Golf Resorts in North American & the Caribbean" in 2011 and one of the "Top 30 Golf Courses in Canada" in 2018.

When you head out on the Fox Harb'r course, you'll be following in the footsteps of Tiger Woods, Bill Clinton, Bobby Orr, and many more avid golfers from global politics and sport.

BOOK YOUR ROUND Dial 1003 for the Golf Pro Shop, or call 902-257-4336.

EXECUTIVE GOLF

9-HOLE, PAR 3 COURSE

Also set along the waters of the Northumberland Strait, Fox Harb'r Resort's executive golf course is more than simply a 9-hole warm-up for our championship layout. Here, deceptively challenging holes are ideal for testing and improving your short game skills, or for learning the essentials of play.

BOOK YOUR ROUND
Dial 1003 for the Golf Pro Shop, or call 902-257-4336



GOLF ACADEMY

With lessons and drills from some of Canada's finest golf instructors, the Fox Harb'r golf academy is designed to support all skill levels and ages with the ideal combination of technology and experience. Work on your short game, fine-tune your swing or perfect your putting in a relaxed, personalized environment. Individual, semi-private, and group clinics, including seasonal ladies and couples sessions, as well as customized golf camp days.

golf@foxharbr.com



SPORTING CLAY

AT THE SPORTING LODGE

Whether you're a total novice who has never handled a firearm, or an experienced wing shooter, Fox Harb'r is the East Coast destination of choice for sporting clay shooting. With expert instructors, a popular five stand set-up, top-notch equipment, and a course designed by sport legend George Digweed, MBE, there's always plenty of action around our cozy Sporting Lodge. Come on over. It's time to get in on the shotgun fun. No permit required to participate. Competitive events throughout the season too.

WELLNESS CENTRE

WITH INDOOR POOL

Located next to the Clubhouse, in the same building as the Dol-ás Spa, the Wellness Centre combines a complete fitness studio with Cybex and Precor equipment and a stunning indoor Junior Olympic swimming pool with ocean view.

Unwind in the mineral pool or the hot tub while gazing at the Northumberland Strait. Full locker, change room and steam shower facilities.

