



PLANNER TOOLKIT

Meetings & Events



foxharbr.com

NOVA SCOTIA'S NORTHUMBERLAND SHORE

1337 Fox Harbour Road, Wallace, NS B0K 1Y0

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GROUPS AT FOX HARB'R

a versatile, unforgettable meeting & event destination

CONVENIENT SPACE TO MEET

For engaging meetings, corporate retreats and incentives, Fox Harb'r Resort extends **over 13,000 square feet of event space**, including a 5,000 square foot professional meeting facility, a Clubhouse from which double height panoramic windows reveal the endless Atlantic Ocean below, and an aircraft hangar that easily adapts to all kinds of turn-key themes, from an East Meets West Coast BBQ & Dance to a fun-filled Bootcamp, runway lunch, or tradeshow type set-up.

ROOM TO CONNECT AND RELAX

Fox Harb'r Resort's 114 **luxury bedrooms for up to 170 guests are all suites** – clustered in 86 studio, executive and large townhome layouts, as well as a few exclusive 3 and 4-bedroom private residences. These uniquely upscale, yet surprisingly affordable, 5-star overnight retreats offer private terraces and unmatched oceanfront views, plus everything you need to catch up on work, host a small meeting or even an intimate cocktail party.

SERVICE YOU CAN COUNT ON

Here at Fox Harb'r, **truly world-class golf**, an acclaimed spa and wellness centre, innovative waterfront dining, unique **recreation, teambuilding**, and thoughtful, personalized amenities showcase the very best of coastal Nova Scotia all in one place, for impactful meeting and event experiences, throughout spring, summer and fall.

Most importantly, whether it's reserving rooms, configuring your ideal meeting set-up or coordinating a **wide variety of activities and events** for your guests, we're all about **exceeding expectations**, every day for any kind of event.

FAST FACTS



At Fox Harb'r we pride ourselves at being far from the conventional, standard meeting hotel, yet always easy to reach.

- **90 minutes from Halifax (YHZ) or Moncton (YQM) Airport**
- Under 2-hours flying time from Toronto, Montreal or New York
- Available for group bookings **April through October**
- Over 13,000 sq. ft. (1,200 m²) of adaptable event space
- Dedicated 5,000 sq. ft. (465 m²) meeting facility
- Ideal for **groups of 10 to 170**
- Shuttle services, 5,000 ft. runway with fuel, secure ramp parking





ROOMS THAT WORK

Space that's anything but conventional

Fox Harb'r provides over 13,000 square feet of Nova Scotia meeting and event space, including our dedicated 5,000 square foot Meeting Facility with the classic Northumberland Room surrounded by a selection of other convenient break-out spaces. Additional resort venue options include the casual, two-storey Sporting Lodge retreat, the elegant Founder's Lodge with wrap-around ocean views, and a full airport hangar, for real flexibility.

5,000 sq. ft. under one convenient roof

RESORT MEETING FACILITY

Northumberland Room (Salon A/B/C)

A classic ballroom with traditional finishes, the Northumberland Room is the hub of Fox Harb'r's Meeting Facility and can also be divided into three separate rooms, Salons A to C, with moveable walls. *2,700 sq. ft.*

Salons D & E

These two smaller, lower level meeting rooms are ideal for boardroom set-ups, break-out sessions or event organizer work areas. *600 and 540 sq. ft.*

Foyer

Running the entire length of the Meeting Facility with doors at either end, the Foyer is ideal for receptions, breaks, displays and other mingling events. *1,200 sq. ft.*



Outdoor Terrace

The Meeting Facility also has an extensive outdoor terrace for group receptions, breaks and casual dining, weather permitting, or that can be tented for an additional fee.

BY THE NUMBERS

Over 13,000 sq. ft. of venues | 5 varied function areas (Meeting Facility, Sporting Lodge, Founder's Lodge, Hangar, Clubhouse) | Groups of 10 to 170



Sporting Lodge



Founder's Lodge



Cape Cliff Dining Room

4 MORE VENUES



Hangar

Sporting Lodge

A classic, casual East Coast retreat

Designed with in rustic post & beam style, the Sporting Lodge is an ideal private enclave for receptions and events with open plan function areas on two floors, an indoor-outdoor fireplace and a stonework patio that's BBQ ready.

(The favourite venue for both our East Coast "kitchen parties" and sport shooting adventure days.)

main floor 1,150 sq. ft., upper level 680 sq.ft.

Founder's Lodge

Easy elegance perched above the ocean

Overlooking Fox Harb'r Resort's deep-water harbour and lighthouse, the Founder's Lodge effortlessly blends an expansive mansion setting with warm Maritimes hospitality and ever-changing views. This showpiece was originally the residence and favourite outlook of Fox Harb'r, and Tim Hortons, founder Ron Joyce. It wows for both dinners and receptions around the great room fireplace.

Cape Cliff Dining Room & Lounge

Style and convenience in the Clubhouse

Handily located in the resort's reception and golf hub, both the Cape Cliff Dining Room and Lounge are surrounded by outdoor terraces and sweeping views over the 18th green and Northumberland Strait. The 2,150 sq. ft. dining room feature a massive fieldstone fireplace and 12 x 8' screen for presentations.

The 1,800 sq. ft. adjoining Lounge is ideally situated for group registration, receptions and informal seated meetings for up to 125.

Hangar

Industrial simplicity for thinking big

A nod to Fox Harb'r's fly-in and private Jetport capabilities, the Hangar gives larger meetings here a contemporary edge, providing the perfect blank canvas for all kinds of set-ups. It's also a great inclement weather back-up for some outdoor activity plans, and where we host some of our themed experiences like the East Meets West dinner-dance. 2,000 sq. ft. and up.

SIGNATURE OUTDOOR VENUE

Lighthouse Terrace

A roofed deck with a postcard view

With Mother Nature's cooperation, this roofed space on our lighthouse point is an obvious favourite for dining al fresco at either informal picnic tables, or more polished round or single, long harvest table set-ups, as well as seaside receptions. The Lighthouse Terrace can also be decked out with candles, torches and gas warming lamps or chimeneas (rental fees apply.) 1,100 sq. ft.

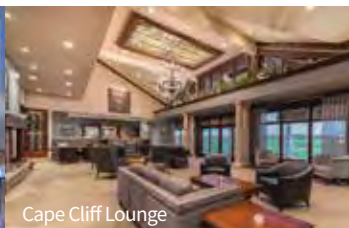
For additional details, see our Capacity Chart and Meeting Facility Floor Plan.



Sporting Lodge



Founder's Lodge



Cape Cliff Lounge



Lighthouse Terrace

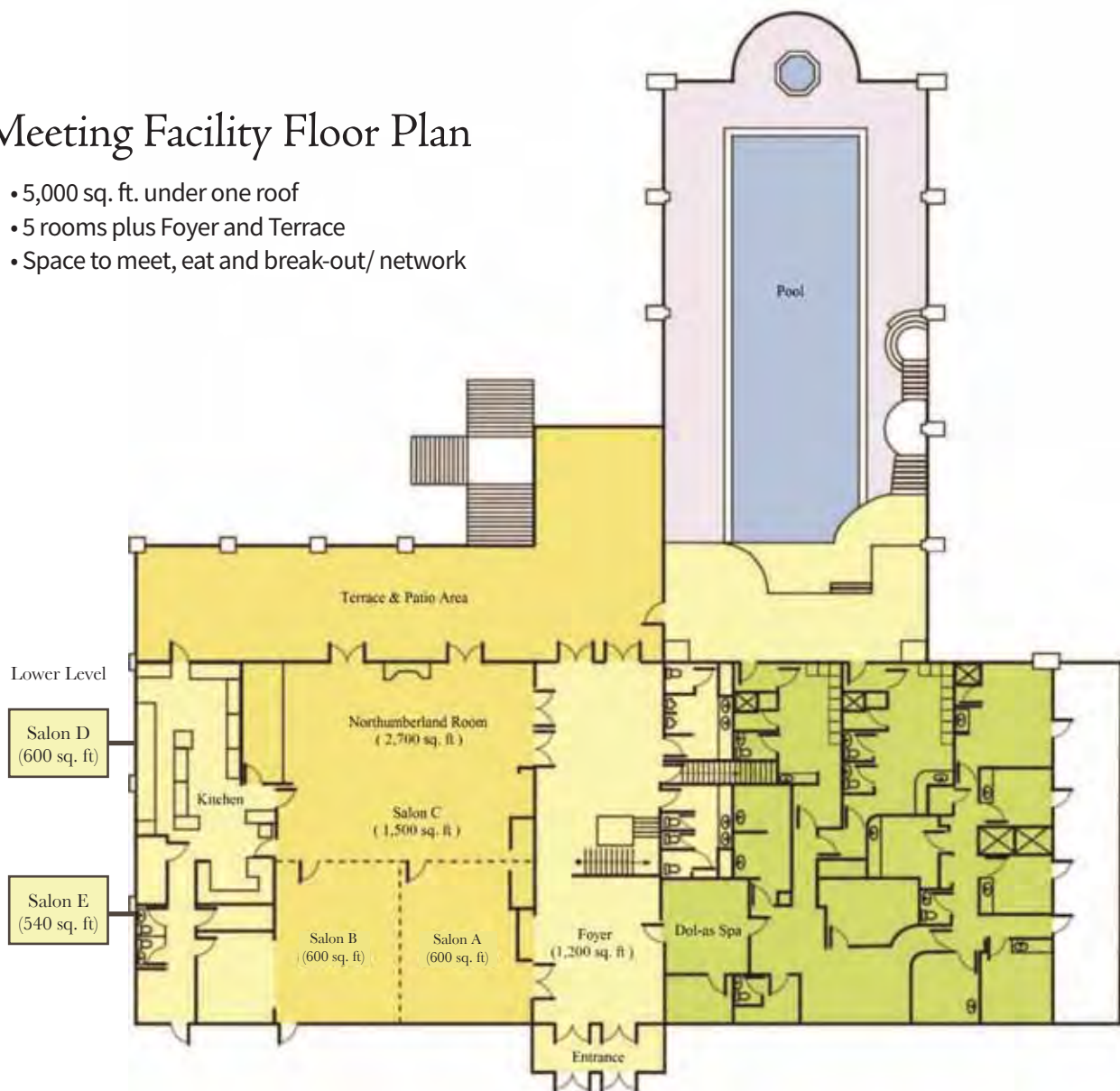
MEETING VENUES

Beyond conventional yet always easy to reach, Fox Harb'r offers an inspiring location for meetings, corporate retreats, incentives and all kinds of special events for groups of 10 to 170.

Inside, this landmark Atlantic Coast resort offers 13,000 square feet of adaptable meeting space across four main function areas, including a dedicated 5,000 square foot Meeting Facility and our secluded Sporting Lodge. Outdoors, 1,100 acres of spectacular grounds, including expansive patios and the signature Lighthouse Terrace provide stunning views along with refreshing ocean breezes.

Meeting Facility Floor Plan

- 5,000 sq. ft. under one roof
- 5 rooms plus Foyer and Terrace
- Space to meet, eat and break-out/ network



GETTING HERE

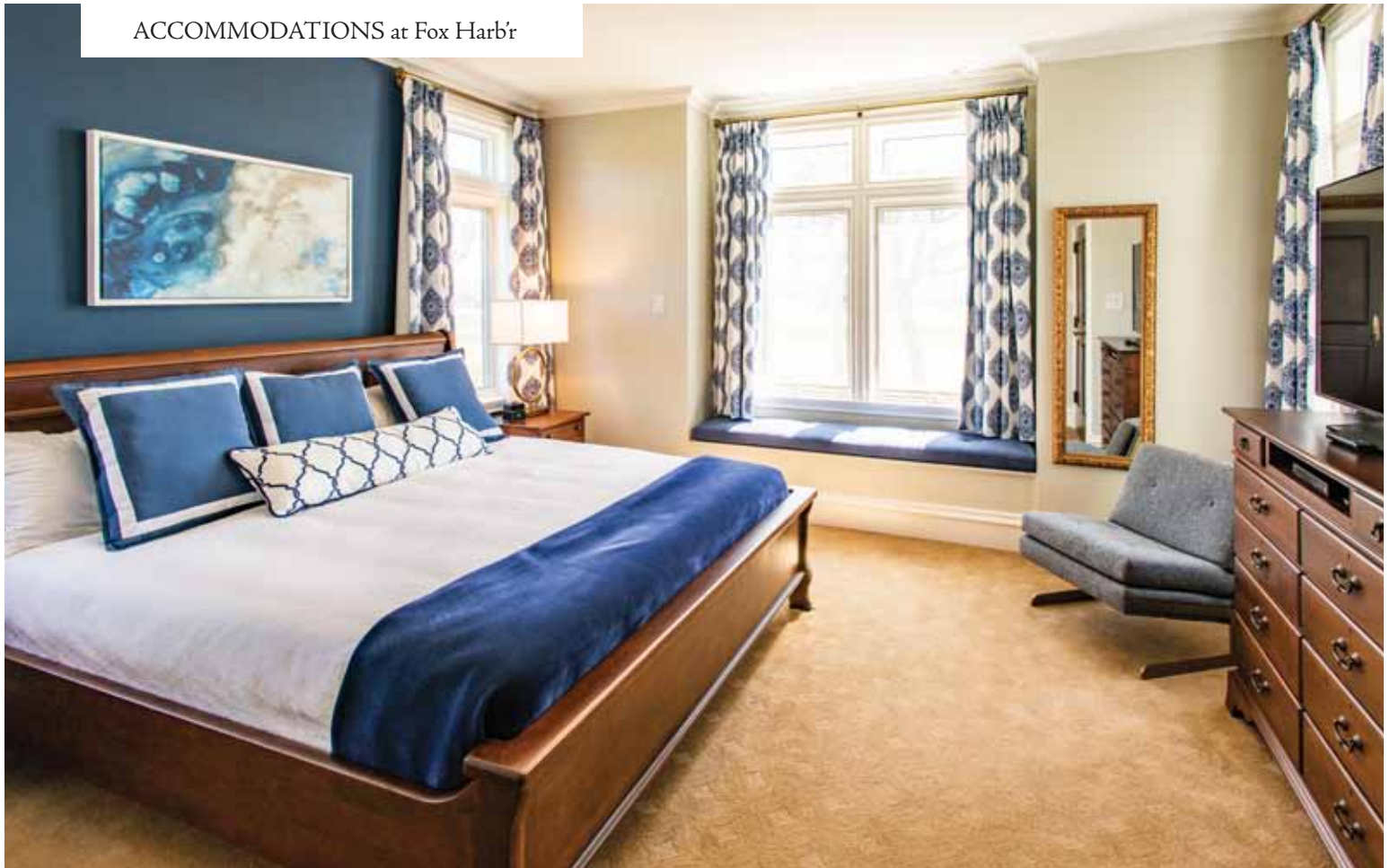
On Nova Scotia's Northumberland Coast 90 minutes drive from the Halifax, NS (YHZ) or Moncton, NB (YQM) airports
Under 2 hours flying time from Toronto, Montreal or New York | Several shuttle and group coach options
On-site private 5,000 ft. airstrip with Jetport private charter services



CAPACITY CHART

FUNCTION SPACE	AREA (SQ. FT.)	DINING (ROUNDS OF 10)	THEATRE SEATING	CLASSROOM SEATING	BOARDROOM SEATING	U-SHAPE SEATING	HOLLOW SQUARE	RECEPTION (CHAIRS ONLY)
MEETING FACILITY (total 5,000 sq. ft.)								
Northumberland Room (A/B/C)	2,700	170	200	100	75	75	75	170
Salon C	1,500	80	100	50	38	34	38	100
Salon A & B	1,200	70	90	40	38	34	38	90
Salon A	600	35	45	20	18	15	18	45
Salon B	600	35	45	20	18	15	18	45
Foyer	1,200	-	-	-	-	-	-	90
Salon D (Lower Level)	600	30	20	16	18	15	18	25
Salon E (Lower Level)	540	30	20	16	18	15	18	25
SPORTING LODGE								
Ground Floor	1,150	30	-	-	20	-	-	40
Upper Level	680	30	-	-	20	-	-	35
HANGAR								
Variable Space	2,000 & up	170	170	100	-	-	-	170
CLUBHOUSE								
Cape Cliff Room	2,150	125	-	-	-	-	-	-
Cape Cliff Lounge	1,800	-	125	-	-	-	-	125
COVERED OUTDOOR VENUE								
		rounds, long trestle table or picnic tables						
Lighthouse Terrace	1,100	80	100	-	-	-	-	170





ALL-SUITE ACCOMMODATIONS

Room to work, live and relax in an exceptional setting

Fox Harb'r Resort's 86 all-suite accommodations – including Studio Suites, Executive Suites and complete Townhomes and Private Residences – easily accommodate up to 170 overnight guests in understated, comfortable luxury, all for much more attractive rates than you might expect. Custom-designed with charming coastal style and handcrafted elements, our serene East Coast guest suites are both streamlined for business visits and rich in homelike texture and detail. Your attendees can rise and shine, unwind, and turn suite dreams into reality. And did we mention the incredible views?



STUDIO SUITES

1 or 2 queen size beds
walk-in shower
seating and work areas
HDTV and DVD/CD player



EXECUTIVE SUITES

private master bedroom with king bed
adjoining living room with fireplace,
living area and work desk
expansive bathroom with 2-person therapeutic
tub, double vanity and walk-in shower
HDTV and DVD/CD player



TOWNHOMES

3,000 sq. ft (280 m2) residences
3 private bedrooms
3 bathrooms
Dining room, living room,
gourmet kitchen, outdoor patio
HDTV and DVD/CD player

PRIVATE RESIDENCES Exclusive 3 and 4 bedroom/ bath homes with a master suite retreat, fireplaces, extensive work and living space.



WELCOME, WE'LL TAKE CARE OF ALL THE DETAILS

Let us know if you would like to treat attendees to VIP or welcome amenities or a farewell souvenir. Our events and catering teams are here to help make every Fox Harb'r arrival a "Wow!" We can help you set up, stock and service in-suite meetings, cocktail parties and patio gatherings too, so you or a member of your executive team can focus on hosting, worry-free.

FAST FACTS



Just a few of the little, luxurious features that make Fox Harb'r group stays more satisfying:

- Simmons Beauty Rest beds with Frette linens, goose down or hypo-allergenic pillows
- Heated granite bathroom floors
- Plush robes and Molton Brown bath products
- Handy kitchenette with refrigerator and microwave, or full gourmet kitchen
- Fully stocked wet bar with refreshments and snacks (on consumption fees)
- Complimentary Tim Hortons in-room coffee and Two Leaves tea
- Work desk with chair
- Complimentary accommodation WiFi

SUSTAINABLE HOSPITALITY: Preserving Our Pristine Location

At Fox Harb'r Resort, we are dedicated to doing our part to protect and preserve the environment. We have adopted many best practices to minimize our environmental footprint – from water-saving devices and erosion prevention, to on-property greenhouses, and catch-and-release trout ponds, plus Atlantic Canada's first Ocean Wise™ certified restaurant. We keep finding ways to host greener events and meetings while developing alliances with other eco-friendly suppliers, partners and local organizations committed to maintaining the nature that makes us so unique.



DINING at Fox Harb'r



FOOD & BEVERAGE MATTERS

Delicious, memorable and just what you ordered

Discover the best of Atlantic Coast dining where true homegrown ingredients honour Nova Scotia's culinary heritage. By partnering with local fishermen, farmers and makers, and producing many of our own seasonal ingredients right here at our 1,100-acre resort, Fox Harb'r strives to combine this region's distinctive seafaring flavours and "kitchen party" traditions with award-winning culinary innovation and sustainable practices, all to offer you a full range of authentic, sure to be remembered group dining options.



CAPE CLIFF DINING ROOM

Perched above the golf course's 18th green and the stunning Northumberland Strait, Fox Harb'r's signature, Ocean Wise™ partner restaurant serves breakfast and dinner in refined style. Subject to availability/ group size, this restaurant and the adjoining Cape Cliff Lounge can be booked private.



THE WILLARD

A modern, upscale pub menu with an emphasis on comfort food, a bar with regional craft beers and wines, an inviting outdoor terrace and big-screen TV viewing make The Willard a favourite club-like choice for casual dining.

ALSO AVAILABLE Round-the-clock **In-Suite Dining** On the **Golf Course** meals Boxed Lunches for the road
Vitality Breaks to boost your event's energy level Take Flight **aircraft catering** menu



A SAMPLER OF SOME SIGNATURE MEALS

CASUAL: Nova Scotia Lobster Boil

Our truly fresh off the boat, Nova Scotia lobsters are the centerpiece of this classic, hands-on dinner. We also fire up the grill to serve rib eye steaks and oven roast juicy chicken breasts, for the ideal combination of surf and turf. And we bring on plenty of sides, from PEI fingerling potatoes tossed with decadent truffle oil to our own greenhouse greens with local blueberry vinaigrette. For a unique group activity or lunch & learn, ask about our **Lobster 101** session packed with everything you need to know including how to host your own lobster boil, from selecting and cooking to cracking and more.

LUNCH: Build-Your-Own Sandwich or Burger

Fox Harb'r Resort's "build your own" lunch buffets are all about topping stations that have it all, from four kinds of cheese and bacon to specialty mustards and truly garden-fresh veggies. Complete your perfect customized creation with more favourites like Caesar salad, dilled potato salad and even a cup of our Nova Scotia classic seafood chowder.

EVENT: Sociable Hours

Get the night off to a sizzling start. Designed for groups of 25 to 170, this reception event invites guests to mingle, graze and connect around three to five food stations as they watch members of our culinary team create small plates and simple but special starters. Optional add-on possibilities include an oyster shucking demo, a customize your mussels station, and local craft beer and award-winning Nova Scotia wine sampling. This reception can also be extended into a full, **Kitchen Party** casual buffet dinner with optional East Coast entertainment.



LOCAL FLAVOUR

Lead by Executive Chef Shane Robilliard and Resident Horticulturalist Michael Stewart, the team at Fox Harb'r truly goes above and beyond to provide farm-to-table and sea-to-table dining.

On-Site Vineyard: in partnership with our neighbours, Nova Scotia's first major winery, Jost Vineyards, our vineyard currently produces three grape varieties and can be incorporated into special events, season and weather permitting.

3 On-Site Greenhouses & Garden Beds: provide resort-grown vegetables, herbs and flowers, as well as fruit trees for jam and desserts, while minimizing the impacts of imports.

2 Stocked Rainbow Trout Ponds: encourage catch-and-release fishing with occasional overstocks served as limited restaurant specials.

Ask your Fox Harb'r Sales or Conference Services Manager for our complete current Catering Menus.
And see our Venues page for all your event dining location options.



GROUP RECREATION

Do, see and explore, right at and around the resort

Beyond 13,000 square feet of meeting space for getting down to business, Fox Harb'r is packed with a full range of on-site activities and recreation, teambuilding, themed events and excursions to add some well-earned playtime and bonding to any agenda. Check out our key options and connect with a sales manager today to up your event game.



Get on course

A ROUND OF GOLF

Fox Harb'r Resort was designed around an internationally recognized and top-ranked 18-hole championship course (where Tiger Woods set the nine under par course record in 2009), a 9-hole short game course, a truly comprehensive 16-acre golf academy and a pro shop. Let your group take the afternoon to fit in a round before dinner or just have them practice their swing on the range between meetings. Each individual round of golf includes a shared power cart, practice facility and locker use.

NOTE For group golf event and tournament information
see the dedicated GOLF section of this toolkit.



Gone fishing

ON-SITE TROUT FISHING

Test your fly or regular rod skills at Fox Harb'r's two stocked trout ponds. Fees include appropriate tackle.

Fee fishing excursions, including salmon rivers and tuna charters, are available seasonally in the local area, for small groups with advance booking.



Happy trails to you

HORSEBACK RIDING

Take a guided trail ride customized for beginner to advanced riders right on Fox Harb'r's own mix of woodland and oceanside trails.

Group size: Maximum 8 people at a time for advance bookings, subject to availability.

Approximate time: 90 minutes



See the sights

PONTOON BOAT TOUR

Take a scenic boat ride along the Atlantic Ocean and see Fox Harb'r and its quintessential East Coast surroundings from a completely different perspective. Sunset tours make a great pre- or post-dinner option depending on time of year.

Group size: maximum 10 people at a time.

NOTE Food & beverage options and additional private boating tours available.



Go paddling

SEA KAYAK TOURS

There is no finer, more up close way to see Nova Scotia's northern coastline than from the well of a sea kayak. Choose between different guided adventures including a sunset paddle and a coastal tour, depending on your group's size and schedule.

Group size: 6 to 18 people
Duration: generally 2 hours

NOTE Rates include kayak rental, one guide per 6 kayakers, life jacket, basic instruction. Guided tour availability is generally June 15 to September 15, but may be longer depending on weather conditions.



Ready, aim, fire

SPORT SHOOTING

Thanks to the fully equipped and licensed Sporting Lodge at Fox Harb'r, your group can try sporting clays which replicate the field conditions of a real game shoot with a variety of clay targets thrown at different angles and speeds. Fox Harb'r offers both a full 15-acre sporting clay course, with 24 shooting stations, and a condensed 5-stand version ideal for novices and tighter schedules.

NOTE Rates include firearm in individual sizes, ammunition, targets and basic instruction.



'Wine' down as a group PRIVATE WINERY EVENTS

Explore the nearby 45-acre Jost Vineyards, Nova Scotia's landmark winery and Fox Harb'r's partner in our own resort vineyard and private label wine program. At Jost Vineyards, 20 years of experience has developed an exceptional variety of grapes that result in award-winning vintages.



Group Winery Tour

On private group tours, you'll learn the meticulous process of growing and harvesting grapes, then about creating, filtering and bottling the wine, with options for sampling and shopping, of course.

NOTE Minimum 10 people, for smaller groups, inclusion in public tours is also an option June 15 to September 15.



"Vine to Table" Group Event Package

Focus your team on some helpful wine education while discovering the Jost estate vineyard, wine cellar and winery boutique. During this special event, you'll learn about the winemaking process, visit the barrel cellar and complete your experience with a structured tasting of four award-winning wines accompanied by charcuterie boards for sampling.

NOTE Approximately 2 hour visit plus transit, ideal for 10 to 60 guests, available as either day or evening/ reception event option, advance booking required, \$50 per person + tax & group gratuity.



For a unique off-site event evening for 10 to 20 guests, ask us about Jost's **"After Hours Barrel to Loft Dinner"** with a four sample wine tour and a four-course, wine paired dinner prepared by Jost's chef and served family style at a harvest table.



GREENHOUSE TOUR

Discover Fox Harb'r's three on-site greenhouses with their curator, horticulturist Michael Stewart. During growing season, approximately 10,000 lilies are planted here each month. These greenhouses also supply many of the vegetables and herbs served in resort restaurants, as well as fruit for preserves, floral arrangements, and plants for Fox Harb'r's countless garden beds.

NOTE Add **optional flower arranging** or a **"Jam Session" preserve making demo and workshop** to round out the tour.

MORE ACTIVITY OPTIONS*

Spa appointments (see SPA section)

Local area **hikes**

Archery and **Horseshoes**

Pickleball, a tennis, ping pong, badminton hybrid

All-terrain **Fat Bike** rentals

SUP paddle and pedal boarding

Go **Oystering** - clean, shuck and taste at Bay Enterprises in nearby Malagash (these can also be incorporated into your group's dinner)

Love **Lavender** -- tour, learn about the benefits and even taste lavender ice cream at Seafoam Lavender Farm (great with spa bookings for companion programs)

COMPLIMENTARY RESORT ACTIVITIES

More options that are included with every Fox Harb'r stay*

- **Wellness Centre:** Jr. Olympic-sized indoor pool, hot tub, mineral pools and fitness studio with treadmills, bikes, ellipticals, stair climber, Cybex resistance equipment and more. **Water basketball and water volleyball games** also offered.
- **Tennis:** 2 championship DecoTurf courts, automatic ball machine, and racquets to borrow.
- **Beach Volleyball Court:** white sand court adjacent to tennis facilities.
- **Cruiser Bikes to Borrow:** for resort roads and trails, or for local area rides on Nova Scotia's Blue Route for cycling.
- **Fox Trot Trail:** our 5 km beachfront walking and running trail along the Northumberland Strait.
- **Private Beach:** an idyllic sandy cove overlooking the Northumberland Strait; may also be booked for group events, occupancy permitting.

*Availability of some complimentary activities and activity options may vary based on season, weather and overall occupancy. Please also note that, particularly during peak season, popular group activities and our external partners, such as boat trips and winery tours, **may need to be booked a minimum of 30 days in advance. To avoid disappointment, please plan ahead.**





KEEP YOUR GROUP ON COURSE

Add Some Must-Play Golf to Your Agenda

Fox Harb'r Resort is a secluded world-class destination for golf with both acclaimed championship and par 3 short courses, a truly top-notch Golf Learning Academy, a complete Pro Shop featuring top brands like Nike Golf, Maui Jim and FootJoy, and a luxurious Clubhouse. Our extensive facilities and long-term expertise hosting VIPs will help define your group's stand-out golf experience.



Championship Course

Designed by Graham Cooke, Fox Harb'r's championship course is an inspired blend of Scottish links style and traditional parkland golf renowned for "one of golf's finest finishing nines." It was *Golf Digest's* "Best New Course in Canada" on opening in 2001, "Canada's Top Golf Resort" in 2011/2012, and one of the "Top 30 Golf Courses in Canada" in 2017.

Legends Start Here

Fox Harb'r's fairways have already been challenged by Bill Clinton, Bobby Orr, Charles Barkley, celebrity swing coach Hank Haney and, of course, Tiger Woods, who set the course record here in 2009.

9 Hole Short Game Course

When the schedule is tight, make every minute count. The 9-hole course at Fox Harb'r is an excellent place to hone your group's short game skills. It's a compact layout that still showcases the natural trademarks of the East Coast landscape and provides that big golfer experience.





GROUP GOLF DAYS

Planning a golf day for 60 or more players? Then our great value “Exclusive Use Golf Days” are the perfect starting point to create your group’s ultimate golf day experience.

Our group offers provide exclusive course use for up to 120 people and include:

- Course access from 8 am to 4 pm
- 18 holes of championship golf
- Closest to the Pin and Longest Drive competitions
- Complimentary golf carts
- Siting of your provided banners on-course and other event branding
- Your company flag/ logo on display outside the Clubhouse
- Designated charity fundraising events also receive a complimentary Stay & Play gift certificate for two to be used as prizing
- Discounted club rentals (limited quantity)

Enhancements

Choose from a selection of additional extras that can easily be added to your golf day like:

- Food & beverage options for a range of budgets (Morning coffee and breakfast “on the cart,” burgers and beers, or a gourmet BBQ)
- Warm-up Golf Clinic
- Par 3 Challenge
- Beat the Pro
- Fox Harb’r branded golf gear prizes/ gifts

While the format of your golf event is at your discretion, prior to your arrival we’ll also work with you and your group size to determine the best format, whether that’s a shotgun start, a two-tee start or a single tee start (based on 10 minute intervals over a 6 hour period).

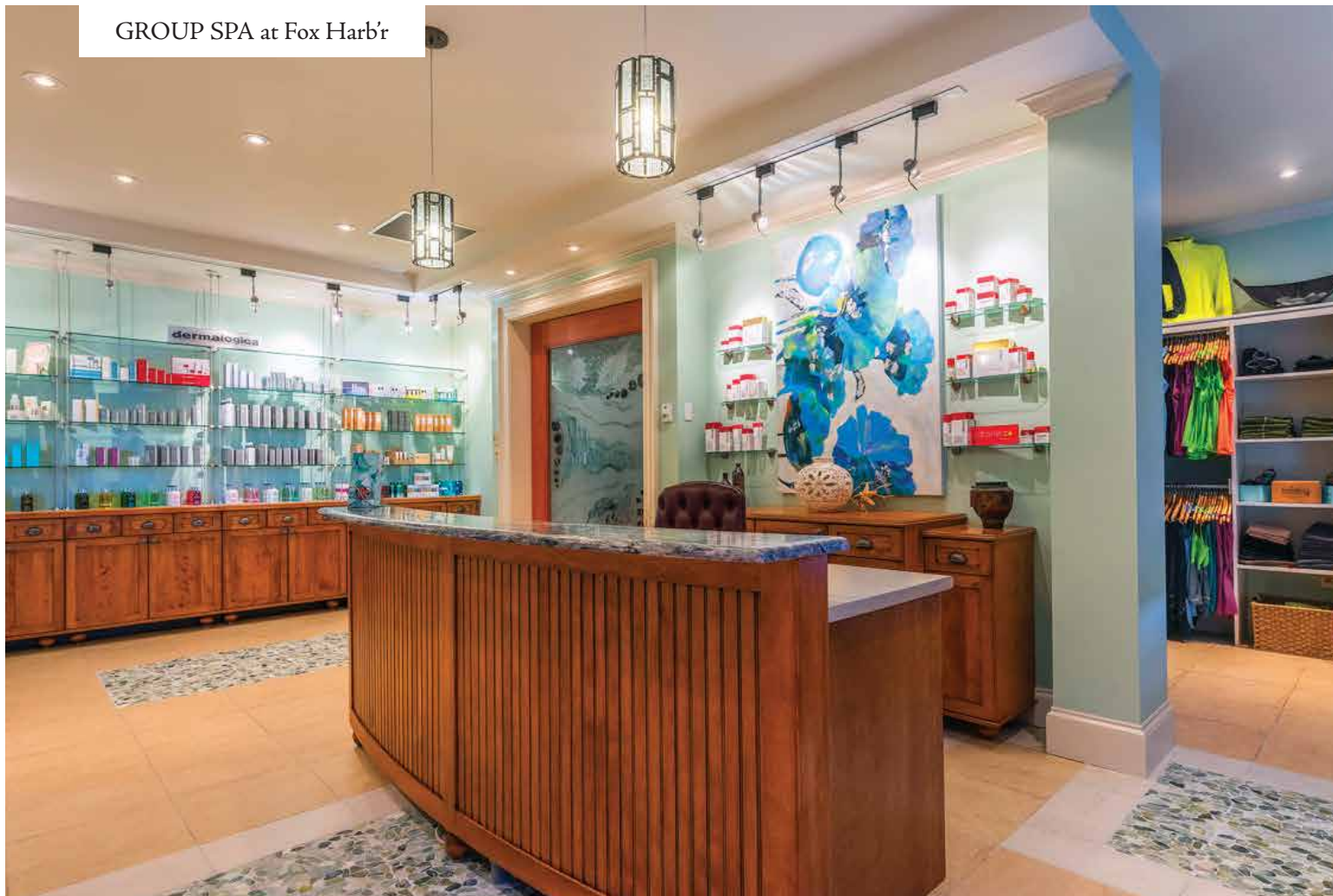
CORPORATE AND INCENTIVE GROUP CLINICS

At Fox Harb’r we recognize that learning to play golf is a lifelong challenge. Our friendly and highly skilled team of Golf Academy PGA professionals are here to create a learning program tailored to your guests and schedule.

From short game clinics, to video swing analysis or shot-shaping master classes, please email or call to discuss your personalized group golf package. Our typical group lesson focuses on the fundamentals of chipping, pitching and full swing, includes video swing analysis and club fitting system info, runs for 90 minutes and costs \$95 per person.

FYI At Fox Harb’r 16 acres of the resort is devoted to Golf Learning Academy use and growth. Here devices like a FlightScope 3D Doppler ball tracker connect the best of hands-on knowledge with the latest tech innovations.





DOL-ÁS SPA

Give Your Event a Very Welcome Boost

Spa time at Fox Harb'r's **Dol-ás Spa** is the perfect way to add a touch of relaxation to a group event, incentive, or companion program for the guests of meeting attendees. Whether unwinding in our cozy lounge and retail area, or taking a pre-treatment dip in the adjacent indoor pool, our overall space is the perfect environment to focus on renewal and add a little indulgence to any event, including client and staff appreciation. Our completely customized group spa offerings are designed to invigorate, rejuvenate and relax **groups of 10 or more**.



READY TO HELP YOUR GUESTS DECOMPRESS

Our most common and flexible group spa option includes:

- Special **group booking rates for 10 or more** people (not appointments) booked
- Group spa **appointment scheduling**, working around your existing event itinerary

PLUS a specific focus on

- Shorter treatments like our **Quick Time nail services**
30 or 60-minute **Relaxation Massages** and hour-long **Personalized Facials**;
- Always popular **Massage bookings**;
- **Awareness** for our targeted **Men's Menu**, to meet the needs of the complete group – and golfers too.



BOOKING IS SIMPLE

Just give us a call or send an email with your **group's name, event dates and a general idea** of what you would like to arrange, like **companion program appointments** or some TLC for a VIP guest. We'll connect with you to take care of all the details.

Complete Spa Services Menu Fully Licensed Adjoining Mineral Pool & Hot Tub



Give the Reward of Relaxation

Value your employees, clients or meeting organizers? Say thank you with a Dol-ás Spa gift card. Offered as retreat packages, à la carte spa services, retreat packages and dollar values from \$25 and up.

A Note About Gratuities and Insurance Receipts

An automatic 15% gratuity is added to your Dol-ás Spa services bill. Receipts are available on request for individual therapeutic (RMT) massage services which are being paid for by the guest, for reimbursement under many benefit plans. If the charges go to a master bill, insurance receipts will not be issued as per resort and MTANS member policy.

Take a look at our **Spa Brochure** for detailed treatment information and policies.

WHAT'S IN OUR NAME?

Nova Scotia, or "New Scotland," is a province proud of its long and strong cultural roots. Dol-ás is a Scottish Gaelic term for "escape."





THEMED ADVENTURES & EVENTS

Time Together They're Sure to Remember

Fox Harb'r is more than a destination for extraordinary Atlantic Canada meetings. This is a place where you can create powerful shared memories, strengthen relationships and motivate all kinds of teams. Plus, with ready-to-go and customizable options, the planning and booking are easy.



PHOTO SAFARI

Your group or team moves around the resort searching for designated locations or items to take a specific shot or team photo. Guaranteed to result in some truly entertaining and memorable images of your event. Can be incorporated into a final evening event slideshow (file access, schedule and A/V feasibility permitting).

Group size: 10 to 170 people



A SPORTING LODGE DAY

Plan an entire day around Fox Harb'r Resort's truly unique Sporting Lodge activities. Whether your group has never seen sporting clays before, or they have a competitive streak, we'll get everyone on the course and hitting targets. Round out the fun with horseshoes and archery. And hold lunch or dinner right at the Sporting Lodge, where your group can gather around the kitchen bar and chill out on Johnny Cash's former couch.

Group size: flexible up to 75 people

Shooting: from 60 minutes

Location: indoor/ outdoor, including patio with fireplace



LOBSTER 101

A feed of Nova Scotia lobster is a welcome occasion. Choosing, preparing, cracking and enjoying them is easier than it may look. But myths, misinformation and methods are as varied as the fish in the sea. Learn all about lobster, including selection, cooking times and getting every last morsel neatly out of the shell, from one of our local experts.

NOTE Ideal for groups of 10 to 75 and as a pre-event to our popular **Lobster Boil** dinner, approximately 30 minutes to 1 hour, indoors or outdoors weather permitting. Depending on budget and chef availability, we can also enhance this session with a recipe and tasting, like a lobster roll, or lobster chowder and bisque making.

CHOPPED FOX HARB'R

First your teams will go head-to-head answering trivia to earn ingredients and bonus equipment to make their salad creation the best. Then they'll use that "market basket" of surprise ingredients, many harvested from Fox Harb'r's own greenhouses for the "Salad Toss," creating a fresh starter and "dressing" things up to wow the panel judges. Get ready for swaps and surprises as your group slices and dices their way to victory. The winners reap bragging rights.

And our chef's rendition of their creation might just show up on your next day's buffet?

Group size: 20 to 60 people

Approximate time: 90 minutes to 2 hours.

NOTE This event can be scaled from a very simple midday "salad bowl" team activity, right up to a more elaborate evening competition event with prizes etc.



BENDS & BREWS

Enjoy two of Nova Scotia's most prized traditions, relaxation and beer. Your group will be guided through a series of fun shared exercises, relaxing stretches and simple (can be done in meeting attire) yoga-inspired poses to banish any work or meeting stress. End the session with a sampling flight of regional craft beers, or a pint of your favourite.

Group size: 5 to 40 people

Approximate time: 30 minutes to 1 hour

Location: indoor or outdoor

NOTE Not all beer lovers? A wine, signature cocktail or healthy **refreshment break** can be added here instead. Ask about our **whisky tastings** too.

See toolkit Dining section and our Catering Menus for more culinary event choices.