



# FOX HARB'R

RESORT

## INSUITE MENU

Available 7:00am to 11:00am

Please call 902-257-4324

### Mixed Berry Smoothie

Strawberries, raspberries & blueberries  
blended with yogurt, honey & orange juice  
\$9

### Steel Cut Oatmeal

Made to order, served with Nova Scotia maple  
syrup, brown sugar & local raisins  
\$13

### Chorizo & Roast Pepper Breakfast Wrap

Scrambled eggs, bell peppers and chorizo in a  
flour tortilla, with Salsa & Sour Cream  
\$18

### Quinoa Breakfast Bowl

Warm Quinoa, green onion, tomato and  
cilantro topped with two poached eggs  
\$15

### Fox Harb'r Breakfast

Two eggs any style with bacon, ham &  
sausage  
\$16

### Banana Bread French Toast

House made banana bread dipped in egg and  
fried, with maple syrup  
\$17

### Fruit, Yogurt & House Made Granola Parfait

\$10

### The Healthy Start

Two poached eggs, fresh fruit & cottage  
cheese  
\$13

### Omelet Your Way

Choose from bacon, sausage, ham, lobster,  
mozza, goat cheese, spinach, tomatoes,  
onions, peppers or mushrooms  
\$18

### Breakfast Sandwich

Fried egg, bacon, cheese & tomato on an  
English muffin  
\$12

### Classic Eggs Benedict

Peameal bacon with house made  
Hollandaise on an English muffin  
\$20

### Lobster Eggs Benedict

Fresh steamed lobster, house made  
hollandaise on an English muffin  
\$25

### Veggie Tofu Scramble

Roast vegetables, seared tofu & roast potatoes  
\$19

**Egg dishes are served with breakfast potatoes, toast  
of your choice & our own house made preserves**

**Menu pricing subject to \$5 delivery fee, gratuity & HST**