



FOX HARB'R

RESORT

INSUITE MENU

Available 7:00am to 11:00am

Please call 902-257-4324

Mixed Berry Smoothie

Strawberries, raspberries & blueberries
blended with yogurt, honey & orange juice
\$9

Steel Cut Oatmeal

Made to order, served with Nova Scotia maple
syrup, brown sugar & local raisins
\$13

Chorizo & Roast Pepper Breakfast Wrap

Scrambled eggs, bell peppers and chorizo in a
flour tortilla, with Salsa & Sour Cream
\$18

Quinoa Breakfast Bowl

Warm Quinoa, green onion, tomato and
cilantro topped with two poached eggs
\$15

Fox Harb'r Breakfast

Two eggs any style with bacon, ham &
sausage
\$16

Banana Bread French Toast

House made banana bread dipped in egg and
fried, with maple syrup
\$17

Fruit, Yogurt & House Made Granola Parfait

\$10

The Healthy Start

Two poached eggs, fresh fruit & cottage
cheese
\$13

Omelet Your Way

Choose from bacon, sausage, ham, lobster,
mozza, goat cheese, spinach, tomatoes,
onions, peppers or mushrooms
\$18

Breakfast Sandwich

Fried egg, bacon, cheese & tomato on an
English muffin
\$12

Classic Eggs Benedict

Peameal bacon with house made
Hollandaise on an English muffin
\$20

Lobster Eggs Benedict

Fresh steamed lobster, house made
hollandaise on an English muffin
\$25

Veggie Tofu Scramble

Roast vegetables, seared tofu & roast potatoes
\$19

**Egg dishes are served with breakfast potatoes, toast
of your choice & our own house made preserves**



Available from 11:00am to 9:00pm
Please call 902-257-4324

Fox Harb'r Signature Seafood Chowder

Lobster, halibut, scallops and salmon
Light cream & dill broth
Cup \$13 Bowl \$18

Fox Harb'r Signature Zinger Chicken Wings

Tossed in house made hot or BBQ sauces
crudites & house made ranch dip
\$17

Baked Red Pepper, Bacon & Artichoke Dip

Baked tri color tortilla chips & Flatbread
\$17

Braised Pork Belly Tacos

Spicy corn, cucumber & bell pepper relish
\$18

Classic Caesar Salad

Parmesan and garlic dressing, crisp bacon & croutons
\$15

Add chicken \$5 or lobster \$10

Fox Harb'r Hot House Mixed Greens

Fried chick peas, sliced avocado, roast tomatoes and
green goddess dressing
\$15

Crispy Cauliflower Bites

Beer battered cauliflower tossed in house made sweet
thai chili sauce
\$10

MAINS

Sandwiches and burgers served with fries, salad or caesar

Buttermilk Fried Chicken Sandwich

Lettuce, tomato, swiss cheese, crisp bacon &
Cranberry mayo on house made focaccia
\$18

Fox Harb'r Burger

Grilled 6oz burger patty, horseradish mayo, potato
chive burger bun, lettuce, tomato and pickle
\$18

Add bacon or cheese \$3 Veggie Burger available

Classic Nova Scotia Lobster Roll

Fresh lobster meat, mayonnaise, & chive on a roll
\$26

36 H Pepper Crusted Sous Vide Brisket Sandwich

Fresh tomato & pickled slaw, fresh focaccia
\$17

10 oz New York Strip Loin Steak

Sautéed onions, mushrooms & rich jus. Fries and
braised cabbage
\$32

½ Rack of Bourbon Braised Pork Ribs

Jalapeno & cheddar corn bread,
macaroni salad and fries
\$22

Lobster Cannelloni

Fresh steamed Nova Scotia lobster rolled in pasta,
topped with parmesan cheese
\$26

Pizza (Gluten Free Crust Available)

Garlic Roast Tomatoes, Feta Cheese, Calamata Olives
Fresh basil & red onion
\$17

Flatbread, Shaved Ham, Pesto, Caramelized Onion

Roast peppers & shredded mozzarella cheese
\$18

Thai Chicken Pizza

House made thai chili sauce, chicken & bell peppers
\$18