

## NAIL CARE

### **Deluxe Spa Manicure** 60 min/ \$77

This luxurious treatment you will experience a relaxing soak, a gentle exfoliation and a soothing massage with warm sea stones, a hydrating mask full of antioxidants and your choice of varnish.

### **Deluxe Spa Pedicure** 60 min/ \$92

A soothing jetted soak, a salt exfoliation and a rich hydrating mask to revitalize your skins natural appearance. Finishing with your choice of varnish.

### **Dol-as Signature Pedicure** 75 min/ \$115

Enjoy everything about our Deluxe Spa Pedicure with the enhancement of a warm basalt stone massage. The stones will give you a sense of total body relaxation, rejuvenation and relieves stress. Finished with your choice of varnish.

### **Quick Time Mani** 30 m/\$55

### **Quick Time Pedi** 40 m/\$72

### **Fox Harb'r Foot Ritual** 20 min/ \$40

Relax and revive your tired feet. Warm salt soak, soothing foot balm, cuticle & nail repair application and a stress relieving massage. (polish not included)

## A LA CARTE NAIL SERVICES

### **Regular Polish Change** \$15 **French Add-on** \$12

### **Gel Color Polish/Removal** \$20

*Gel color removal, add on or French must be booked in advance*



## SPA BOOKING IS SIMPLE

Just call or email and we shall connect with you directly to take care of all the details. Spa Hours are 10am-6pm. (depending on business levels) 7 days a week. Please note that Fox Harb'r operates from May through October annually.

## SIGNATURE SPA PACKAGES

### **Fox Harb'r Interlude** 5.5 hrs/ \$680

Our ultimate spa day – with 90 min Healing Hands massage, a Signature Facial, Body Polish and Deluxe Spa Manicure and Pedicure.

### **A Warm Summer's Eve** 3.5 hrs/ \$426

All things warm – a 60 min Hot Stone Massage, Body Polish, Detoxifying Marine Mud Therapy, Quick Time Manicure and Quick Time Pedicure.

### **Me, Myself and I** 4 hrs/ \$442

Just for you – a 60 min Relaxing Essential Massage, Spa Facial, Deluxe Spa Manicure & Pedicure.

### **Moroccan Experience** 2.75 hours/ \$360

Walk away feeling wonderful – complete body exfoliation, Moroccan Head to Toe body treatment and a 60 min Relaxing Essential Massage.

## INDULGE

### **Lash Lift + Tint** 80 min/ \$110

### **Make-up Application** 45 min/ \$63

### **Waxing:**

#### **Eyebrow** \$20

#### **Lip** \$17

#### **Chin** \$17

#### **Bikini** \$45

#### **Half-Leg** \$35

#### **Underarms** \$20



## GRATUITIES & INSURANCE RECEIPTS

An automatic 17% gratuity is applicable to your Dol-ás Spa service bill. Therapeutic (RMT) massage services receipts are available upon request for reimbursement under most benefit plans.

# Dol-ás

## — SPA —



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## FACIALS

### **Fox Harb'r Signature** 105 min/ \$305

Designed exclusively for Dol-ás- Spa by leaders at CELLCOSMET, a new generation of Swiss Cellular and Phyto-Cosmeceutical therapies. Accompanied by our micro current treatment, NuFace, this lavish antiaging facial will tone and firm providing dramatic results in just one clinical treatment.

### **Anti-Aging** 75 min/ \$175

The technology of cellular therapy, active ingredients and clinical cellular properties, this anti-aging facial revitalizes skin. It diminishes tell-tale fine lines around the eyes, lips and forehead, while redefining your skin for a youthful appearance.

### **Age Smart** 60 min/ \$160

Fight the aging process and renew your skin, reduce fine lines, improve your skin texture and stimulate cell renewal & collagen reproduction to bring back a more vibrant appearance.

### **Well-Being Facial** 60 min / \$160

Enjoy this 6 step relaxing facial your skin will be nourished using highly targeted peptide technologies that will reduce the look of fine lines, puffiness and dark circles under the eye. Your skin won't regret it.

### **Personalized Facials**

#### **Pearl essence / Ultra Calming** 60 min/ \$155

Your choice of brightening or calming facial. Your therapist will customize to your skin requirements.

#### **Glycolic Facial Therapy** 30 min/ \$65

Anti-Aging clinical grade unbuffered exfoliating peels that will renew, rehydrate, and heal your skin to its natural youthful glow.

#### **Revitalizing Eye Treatment** 15 min/ \$45

#### **Nu-Face Add-on, any facial** 15 min/ \$60



## BODY TREATMENTS

### **Renewing Body Polish** 30 min/ \$67

A complete body exfoliation to renew your skin from the seasonal elements, followed by a nourishing moisturizer leaving your skin feeling transformed, smooth and refreshed.

### **Ultimate Body Experience** 90 min/ \$190

Deep nourishment, hydration and revitalization are achieved in this luxurious body treatment and massage. This multiphase treatment in combination with shaping massage techniques will give a sense of rebalancing and youthful invigoration.

### **Moroccan Head to Toe** 75 min/ \$170

The Mediterranean oil journey: A complete body buff enriched with vitamin E, antioxidants and intense hydrating treatment. Natural replenishing botanicals to rejuvenate dry skin. Finished with rich antioxidant argan oil body butter.

### **Moroccan Oil Hair Add-on** 15 min/ \$27

### **Warming Seaweed Mud Therapy** 90 min/ \$185

Your body will welcome this warm detoxifying organic kelp treatment. An invigorating body scrub, the warm sensation of the seaweed formula masque will leave you feeling relaxed & renewed.

## MADE FOR MEN

### **Sports Pedicure** 45 min/ \$82

The sports pedicure provides a relaxing water therapy followed by complete lower leg and foot exfoliation and massage. This foot ritual concludes with a hydrating mask and moisturizer.

### **MAN-icure** 45 min/ \$60

Hand care for men. Hand and arm massage, nail and cuticle care that will leave your hands feeling polished.

### **Men's Deep Cleansing Facial** 60 min/ \$140

A deep cleansing facial for refreshed, rejuvenated and hydrated skin

### **Full Executive Experience** 150 min/ \$243

Make it a true Executive Experience and receive all 3 services on our menu at a great package rate.

## MASSAGES

### **Reflexology** 30 min/ \$85

Add to any treatment (performed by an RMT) or as a single treatment. Helps to balance the nervous system and stimulates the release of endorphins that help reduce pain and stress.

### **Indian Head Massage** 15 min/\$35, 30 min/\$65

A Holistic approach to massage therapy that helps in dissipating mental tiredness and stress, improves relaxation and rejuvenation of the mind, body, and soul.

### **Facial Stone Massage** 15 min/\$45

Add to any service, enhance circulation reduce free radicals, decrease puffiness through the lymphatic system, plumps skin, and reduce tension.

### **Cellulite Massage** 60 min/\$170

This invigorating treatment is designed to loosen toxins stored in soft tissues, increase circulation, and lymphatic drainage in 3 key areas: thighs, buttocks, and abdomen.

### **Healing Hands, Signature** 90 min/ \$178

Fox Harb'r signature massage combines soothing warm sea stones and therapeutic techniques to provide a supreme body healing therapy.

### **Therapeutic Massage** 30m/\$80, 60m/\$158, 90m/\$178

Our Registered Massage Therapists will release those stress induced targets or injuries to ensure a level of relaxation to erase life's tensions. **(RMT)**

### **GolFORE's Massage** 30 m/\$92, 60 m/\$168

A deigned sports massage for the avid golfer. Focusing on the golfers most stressed areas, releasing throughout the hands, forearms, and lower back.**(RMT)**

### **Deep Tissue Massage** 30 m/\$87,60 m/\$163

Deep tissue massage for those chronic injuries. This therapy will work fascia, connective tissue, and realigning deeper layers of muscle. **(RMT)**

### **Relaxing Essential Massage** 30 m/\$75, 60 m/\$140

A combination of effleurage and tissue manipulation to improve circulation, relieve minor muscle pain and promote general total body relaxation.

### **Sea Stone Massage** 60 min/ \$173

Basalt sea stone massage combines techniques from essential massage and warm sea stones; this will relax tired stressed muscles. Not available in couple sessions.

**Perfect Pregnancy (RMT)** 30 m/ \$80, 60 m/ \$158 During this exciting time treat yourself. Our pregnancy massage will increase circulation, reduce fatigue and helps alleviate stress on joints.

*Couples Massages are available in Therapeutic or Relaxation*