## Kayak & Paddle Board



Paddle along the calm, protected Wallace Bay shoreline without entering deep water in a sit-inside sea kayak or on a HOBIE SUP pedal or paddle board. See and even travel with the local wildlife, countless species of birds, aquatic life and seals who call these waters home. You're sure to experience the ocean at its best and work that core at the same time! Leaving no environmental trace, keeping our sensitive preservation area in its original condition, this activity is restricted to high tide times only and is also weather dependent (winds and rain) for safety purposes. Be prepared to get "a little or a lot" wet too!

**Safety:** Your safety is our #1 priority - this activity is meant to provide you with some new or enhanced skills but is generally to allow you to enjoy the session and have some fun. Provided are life jackets/belts which must be worn by all guests and guides. A Safety Talk to review these and other safety measures will be given at the beginning of the activity.

**Timing:** Please note you will not be on the water for a full two hours as time is taken up with outfitting guests with the right equipment (Kayak and paddles) and an on-land demonstration; followed by getting in and out at the shoreline.

**Participant's Abilities:** No prior experience is required, however it is recommended that anyone enjoying a water experience be able to swim. Physical abilities will be evident as there is some workout of your arms and core muscles, to be able to paddle against the flow of water.

**Clothing & Footwear:** Inclement weather aside, it is always best to have layers that can be added or removed depending on your comfort. Understand that you undoubtedly will get wet. Clothing should not be restrictive to allow free movement of torso and arms. Footwear can include comfortable sneakers – note that traction footwear is preferred (smooth sole can be difficult to ensure a steadiness in damp/wet areas). Water shoes are ideal. A Change Room is provided at the kayak shack (no washroom facilities). Best to leave electronics and watches behind to ensure they don't get wet.

**Payment Methods:** We are happy to apply your Activity Fee to your guest room account which will only require a signature as you register for the start of your Outdoor Activity. You can of course use a credit card, debit or cash.

## Request a Complimentary Shuttle by dialing "**0**" to contact Guest Services



<u>Location:</u> Kayak Center

## Duration: 120 Minutes

Please arrive 15 minutes before scheduled Activity to go over Waiver & be fitted for required Safety Gear

> <u>Cost:</u> \$70+ HST Per Person

<u>Options:</u> Single Paddle Kayak

Tandem Kayak Pedal Board Paddle Board

## **Requirements:**

No Experience Required.

Max. 6 Guests